

March is National Reading Month. With Spring Break, just around the corner, you may have some opportunities to model your love for reading. Below are some simple suggestions of how to start your children on a path of life long readers!

1. Visit the public library. There are so many great books available for your children to check out. Simply let them take time and browse. Maybe set a time limit of 15 minutes to pick out 4-5 books. Before you check out, spend a minute or so to make sure that the books are at their reading levels (if independently reading) or if appropriate subject matter for their age.
2. Read Aloud to your children for 15 minutes. Pick up your favorite book and read it to your children. My favorite to read to my family was the Anne of Green Gables Series by Lucy Maud Montgomery. If you think about it, 15 minutes is not that long of a time to make a life time of memories.
3. If you are traveling, download an audio book for the family to listen to while driving. Again, choose an age appropriate classic to listen to. Some favorites of my family were Old Yeller, Where the Red Fern Grows, and the complete series of James Herriot.

Always keep in mind, reading is a skill that continues to develop and needs practice to achieve mastery. We are never too old or too young to pick up a good book and read!

